

Saint George Parish Community

Under the Guidance of the Holy Spirit

22 E. Cooke Avenue, Glenolden, PA 19036 - 610-237-1633 - www.stgeorgeparish.org

February 7, 2021

The 5th Sunday in Ordinary Time



On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them.

When it was evening, after sunset, they brought to Him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew Him.

Rising very early before dawn, He left and went off to a deserted place, where He prayed. Simon and those who were with Him, pursued Him and on finding Him said, "Everyone is looking for You." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So He went into their synagogues, preaching and driving out demons throughout the whole of Galilee. ~ Mark 1: 29-39

Contact Us!

New Parishioners

We are pleased to welcome new members to our Parish Community. Please call the Rectory Office at 610-237-1633 to make an appointment to register and to learn more about our parish, or visit www.stgeorgeparish.org. *Note: Students must be registered in the Parish before registering in the Parish Religious Education Program.*

Sacrament of Baptism

The Sacrament of Baptism is celebrated on the *second Sunday of the month at 11:30 AM*. Parents seeking baptism for their child are asked to please call the rectory. Pre-Jordan is required for parents with a first-born child or parents with additional children who have not attended within a two-year period. Pre-registration is required for Pre-Jordan and Baptism. Please contact Mrs. Lynda Batten at the Rectory Office for more information.

Sacrament of Matrimony

Couples planning a wedding are asked to call Father Oswald at the Rectory Office at least one year in advance of the wedding date. Couples are required to attend the Archdiocesan Marriage and Family Life Preparation Program.

Sick or Homebound

In case of serious illness or advanced age, please call the Rectory Office. Arrangements will be made for the Sacrament of the Sick and for Holy Communion. If you are going into the hospital and you would like to receive the Sacrament of the Sick, please call the Rectory. Also, when you are hospitalized, please contact the hospital Chaplain and the Rectory Office.

Tree of Life Memorial

If you would like to have a leaf (\$150) or a boulder (\$600) permanently inscribed in memory of a loved one on the Tree of Life, which is located in the vestibule at the main entrance of the church, please contact Mrs. Mary Ann Zeller at 610-237-1633.

Vigil Candles

Vigil Candles, which are located in front of the Blessed Mother and St. Joseph statues in the front of the church, are available for your intentions. Small candles are \$2 and will burn for two days. These can be purchased by placing your donation in an envelope and dropping it in the slot provided by the candles. Large candles are \$100 and will burn for an entire year. Large candles can be purchased by contacting Mrs. Mary Ann Zeller at 610-237-1633. A gold label with your loved ones name will be placed on the candle and it will remain there throughout the year.

Godparents

Only one godparent is required for Baptism. If two are chosen, one must be male and one must be female. A godparent must be a fully initiated Roman Catholic (Baptized, Confirmed and receiving the Eucharist), at least 16 years of age, if married, must be married in the Church, and in good standing with the Church. A baptized non-Catholic Christian may be chosen as a "Christian Witness" provided there is one Catholic godparent. A former Catholic may not serve as either a godparent or Christian witness.

R.C.I.A.

If you or someone you know is interested in learning more about the Catholic faith, or if you were baptized Catholic but did not complete your sacraments, please contact Sr. Lorraine Muglie, SSJ at the Rectory Office at 610-237-1633 to learn more about our Rite of Christian Initiation for Adults Program.

Mass Cards

Mass cards are available at the Rectory Office. If you would like to have a Mass celebrated in memory of a deceased loved one, or for special intentions, please contact the Rectory Office *Monday, Wednesday or Friday, from 10:00 AM to 2:00 PM (temporary hours)*. Standard cards are available for a \$10 stipend and booklets are available for a \$20 stipend.

Food Pantry

Our Parish Food Pantry is available for parishioners and friends who are in need of a meal but cannot provide one for themselves. If you or a friend needs temporary food assistance, please contact Mrs. Batten at 610-237-1633. All calls are confidential. Donations of non-perishable food items, in addition to turkeys and hams during the holidays, are always welcome. Gift cards to local supermarkets are also welcome.

Adoration of the Blessed Sacrament

Eucharistic Adoration is held in the Church *every Friday from 3:00 PM to 4:00 PM, followed by daily Mass*, unless otherwise announced.

Quotes of the Week

Heal me, O LORD, and I shall be healed; save me, and I shall be saved, for you are my praise.

- Jeremiah 17:14

Parish Staff

Rev. Leo P. Oswald, Pastor

Rev. Martin E. Woodeshick, Pastor Emeritus - Holy Spirit

Rev. Ignatius Marneni, Retired in Residence

Rev. James McBurney, OSA and Rev. James McCartney, O.S.A., Weekend Assistants

Mrs. Lynda Batten, Parish, Secretary/PREP Coordinator Ext. 101

Mrs. Pat Dinan, Receptionist, Ext. 113 (Wednesdays)

Mrs. Gloria Greene, Assistant Bookkeeper, Ext. 104

Mrs. Chris Guidetti, Youth Minister, Ext. 125

Mrs. Kathleen Lerro, Director of Music, Ext. 101

Mr. Patrick McCullough, Maintenance, Ext. 104

Sister Lorraine Muglie, SS, Dir. of Adult Faith and
and Pastoral Care, Ext. 103

Mr. Keith Tomson, Accountant, Ext. 104

Mr. Al Zeller, Hall Manager - 610-237-1633

Mrs. Mary Ann Zeller, Business Manager, Ext. 104

Parish Information

Rectory Hours

Monday thru Thursday
9:00 AM to 5:00 PM
Friday 9:00 AM to 4:00 PM
Summer Hours: 9AM to 4 PM daily
For more details, see page 5.
Phone Number: 610-237-1633
Fax Number: 610-237-9626
Email: st.georgesec@rcn.com
Receptionist: Mrs. Marie Dunleavy
Mrs. Patricia Dinan
Secretary: Mrs. Lynda J. Batten
Parish Business Manager:
Mrs. Mary Ann Zeller

Convent

11 E. Lamont Avenue
Glenolden, PA 19036
Phone Number: 610-237-1633

Office of Religious Education

Director of Adult Faith Formation
Sr. Lorraine Muglie, SSJ
Phone Number: 610-237-1633
Fax Number: 610-237-9626

PREP Coordinator

Mrs. Lynda Batten: 610-237-1633
Mondays Only 4-6 PM: PREP Office
484-425-7390 (Temporarily suspended)

Bereavement Ministry

Mrs. Mimi Ednie

Bingo Program

Mr. Al Zeller

Holy Name Society

Mr. Al Zeller

Legion of Mary

Mrs. Theresa Murray

Ministry Outreach Program

Mrs. Lynda Batten

Choir Director and Music Ministry

Mrs. Kathleen Lerro

R.C.I.A.

Sister Lorraine Muglie, SSJ

Youth Group

Mrs. Christine Guidetti

Join us on Twitter!



Rite of Reconciliation

3:30 PM - 4:15 PM Saturday afternoons

Care of the Sick

Please contact the Rectory Office in the event of sickness or hospitalization.

Rite of Christian Initiation for Adults

Thursday 6:30 PM - Sept. to Easter

Baptism

Second Sunday of the month at 11:30 AM

Please call the Rectory Office for an appointment to schedule a Baptism and Baptism Preparation (Pre-Jordan)



Devotions

Adoration of the Blessed Sacrament - Fridays 3:00 PM to 4:00 PM
Miraculous Medal Devotion - Following the 8:00 AM Mass on Saturdays
Holy Rosary and Divine Mercy Chaplet - Thursdays 7:00 PM

Daily Readings & Mass Intentions

Sunday, February 7: Job 7: 1-4, 6-7; 1Cor 9: 16-19, 22-23;

Mark 1: 29-39 - **5th Sunday in Ordinary Time**

8:00 AM **Harry Lightcap-12th Anniversary**

Requested by: Marie Lightcap

10:30 AM **Joseph Dolan and Pro Populo**

Requested by: Cicala Family

Monday, February 8: Genesis 1: 1-19; Mark 6: 53-56

4:00 PM **Joseph Anthony Lacovino**

Requested by: Dr. & Mrs. Marc Cozzaria

Tuesday, February 9: Genesis 1: 20-2:4a; Mark 7: 1-13

4:00 PM **Patrick McCann**

Requested by: Peg McCann

Wednesday, February 10: Genesis 2: 4b-9, 15-17; Mark 7: 14-23 - St. Scholastica, Virgin (Memorial)

4:00 PM **John & Patricia McCullough**

Requested by: Galantino Family

Thursday, February 11: Genesis 2: 18-25; Mark 7: 24-30

4:00 PM **Michael Hunt**

Requested by: Cicala Family

Friday, February 12: Genesis 3: 1-8; Mark 7: 31-37

4:00 PM **Joseph DeNoble**

Requested by: Bill Battagliese

Saturday, February 13: Genesis 3: 9-24; Mark 8: 1-10

8:00 AM **Rev. Thomas Curey**

Requested by: St. George Parish

4:30 PM **Jerry Dinan and Catharine Rowan**

Requested by: Pat Dinan

Sunday, February 14: Leviticus 13: 1-2, 44-46; 1 Corinthians 10: 31-11:1; Mark 1: 40-45 - **6th Sunday in Ordinary Time**

Sunday continued...

8:00 AM **Pro Populo**

10:30 AM **Linda Hawkins**

Requested by: Lynda Batten

Daily Mass

4:00 PM Monday thru Friday

8:00 AM Saturday

Weekend Mass

4:30 PM Saturday

8:00 AM and 10:30 AM Sunday

Holy Days

As Announced

Legal Holidays: 9:00 AM

Contributions & Mass Count

Sunday, January 31 \$4,085

Please call the Rectory Office for Mass Counts this week.



St. George Parish has online giving. You can donate simply by visiting <https://www.osvhub.com/stgeorgeparish/funds/affortory> and then click the icon that reads "Give Now." This allows for electronic contributions to be transferred without the need of writing a check or dropping off your envelope at the Rectory Office.

Gospel Reflection and Parish

Reflection by Rev. Leonard N. Peterson

Poor little February! Even in its better leap years, it still has fewer days than its calendar mates. Besides that, at least in the Northern hemisphere, it comes at that time of year when the weather offers a tiresome repeat of its neighbor January. Gone is the charm of that first snowfall when others arrive.

There is no significant holiday to prepare for as the previous three months offered. That is, unless one gives an extraordinary rating to Valentine's Day right in February's middle. Consequently, nobody rushes around the mall for gifts to liven its days. Speaking of gifts, it's now the bills for same arrive. No special decorating for most houses. There is no list of favorite songs for February. And, unless you or a loved one celebrates a birthday or an anniversary this month, there are no large gatherings for a special meal. Add to all this the somewhat unwelcome news that Lent soon arrives, with all its purple weeks of fasting and other penances.

But wait! Isn't a convinced Christian an automatic optimist, no matter the season? Theologically, yes. Psychologically, I am not so sure. Whatever problem Life doles out, it just seems that we're less likely to handle it well in February. This Sunday's First Reading from the Book of Job makes explicit what we might be thinking about in February. We get little comfort.

Along comes the timeless "Good News" in today's Gospel passage. It can lift us up from any "downer" we may experience this month. The Holy Word offers not just a palliative but a pain killer. That's because it highlights how a certain Jesus, the same we met as a mere babe two short months ago comes to us with the very reason for our optimism. We re-learn that He is the cure for all our ills.

The demons at this point have a temporary advantage over the good people around Jesus who are seeking cures from various maladies. But Jesus orders their silence. He prefers a gradual realization among His newfound followers.

As a result, "little February" is not as forlorn as it may have seemed at first. For here, only seven days in, she presents a Gospel passage that gives us the whole reason for our main Christian claim. Bishop Robert Barron explains it this way: Christianity is, first and foremost, a religion of the concrete and not the abstract. It takes its power not from a general religious consciousness, not from an ethical conviction, not from a comfortable abstraction, but from the person Jesus Christ. It is Christ...that moves the believer to change of life and gift of self."

Of course, pessimists are always to be found. Usually they have a hard time believing in anything, much less Jesus. When someone is convinced that things can't be done, he will cling to that conviction in the face of the most obvious contradiction. The story is told of the time when Robert Fulton gave the first public demonstration of his steamboat. One of those "can't be done" fellows stood in the crowd along the shore repeating, "He can't start it."

Suddenly, there was a belch of steam and the big boat began to move. Startled, the man stared for a moment and then began to chant, "He can't stop it!"

God love you and give you His peace!



Proceed With Caution

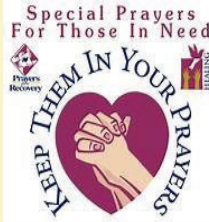
- * **The obligation to attend Mass on Sundays and holy days of obligation continues to be lifted.** You are not obligated to attend Mass at this time. Sunday is still the Lord's day and it is a holy day. We must still be mindful of this. Mass can be livestreamed on television, reading scripture is recommended, and completing all religious education lessons is encouraged.
- * Please stay home if you are sick and if you are at higher risk of severe illness with COVID19.
- * Please wash your hands for 20 seconds using soap and water.
- * **Before entering the Church, please put on a face mask or cloth covering.** Exceptions to this are "children younger than 2 years old, anyone who has trouble breathing or is unconscious, and anyone who is incapacitated or otherwise unable to remove the cloth face covering without assistance" (CDC Guidelines).
- * Please maintain reverent silence in respect for the Blessed Sacrament and others who are in prayer.
- * **Please enter the side doors of the church (Blessed Mother and St. Joseph sides). With the exception of those who are handicapped, we ask all visitors to exist thru the main front doors.**
- * Hand sanitizers will be available at the church entrances. Please use the hand sanitizer upon entering and exiting the Church.
- * Foreign cups or containers are not permitted in the church at this time.
- * When taking your seat, please honor all posted signs about where you may sit. Pews will be marked to ensure proper social distancing. Members of the same household may sit together as normal.
- * There will be no Sign of Peace during Mass during the Yellow Phase.
- * The Precious Blood will not be distributed during Mass during the Green Phase.
- * There should be no holding of hands during the Lord's Prayer.
- * Bulletins will only be available on line or by contacting the Rectory for a copy.
- * Please maintain social distancing in the Communion line. Please keep several pews between yourself and the person in front of you while in line and when returning to your pew. Follow the main isle yellow guideline tape.
- * **The faithful are asked to receive Holy Communion in the hand.** Please remove your mask as you receive the Eucharist.
- * **At the conclusion of Mass, please exit the Church and proceed directly to your car.**

Parish and Local



Don't forget to watch Father Oswald's weekly reflection at www.stgeorgeparish.org or on our Facebook page at St. George Church, Glenolden, PA.

**"God bless you all.
It's wonderful to have you back!"**



Pray for the Sick

Angela Bair, Robert Batten, Jr, Helen Belcher, Kay Bittle, Irene Burns, Helena Butler, Rose Celia, Augustine Cercas, Fred Cuccinello, Lenora Cuccinello, Msgr. Gregory Akata-Daniels, Betty DiGrasso, Terry Dolores, Sr. Eileen Eden, SSND, Mark Gallagher, Robert Gamboy,

Bruce Gordan, Connie Gross, Wayne Ingling, Stan Kane, Doris Kerker, Sr. Ann Marie Loftus, Madeline Loftus, Margie Loftus, Rosemarie Mazzio, Peg McCann, Bethann McCormick, Julia McGlinn, Anna Marie McIntyre, Rev. Leo P. Oswald, Barbara Partridge, Anthony Perdue, Christopher Perdue, Madeline Pfaff, George Phillips, Marie Prince, Edward Specht, Harry Sperone, Ted Stevens, Richard Sullivan, Michael Talent, Matthew Trageser, Carmella Young and Tom Zane.



Happy Birthday

We wish everyone who is celebrating a birthday this week and happy and healthy year ahead. We were unable to print the individual names this week, but you are in our thoughts and prayers. Happy Birthday, one and all, and may God bless everyone who is celebrating a birthday this week a healthy year ahead.

National Marriage Week

This **February 7-14, 2021**, we celebrate National Marriage Week. This annual observance is a great prompt for everyone to reflect on the gift marriage is to our Church and our country, as well as an opportunity for couples to build up their own marriages. For information on how you can celebrate, please visit www.usccb.org or www.nationalmarriageweek.org.



How Can I Keep from Singing!!!

Choir practice has been changed to **Wednesday evenings from 7:00 PM to 8:30 PM** in the church until further notice. Social distancing and masks are required, but this isn't going to keep us from singing! New members welcome.

Rosary Group

Our Rosary Group meets on **Thursdays at 7:00 PM**. To ensure social distancing, we gather in the church. All are welcome and invited to join us as we pray the Rosary and Divine Mercy Chaplet for your personal intentions. Masks are required.



Daily Prayer and Adoration

Join us for daily Prayer and Adoration
3:00 PM to 4:00 PM
Monday to Friday in St. George Church

Casserole Program

Our Casserole Program is still on hold due to transportation issues at St. John's Hospice. We will let you know as soon as it is resumed. In the meantime, we are still accepting toiletries and men's socks at the Rectory Office. These items are always needed and will not perish while awaiting supplies to be picked-up. Thank you and God bless you for reaching out to others in need.



Pray for Our Beloved Deceased

As we pray for our own families and friends, we ask you to please remember **Jack Hawkins, Madeleine Nowrey and all those who have died from the coronavirus**. May all the faithful departed, through the mercy of God, they rest in peace.

Prayer to St. Joseph

The prayer is ordinarily enriched with a partial indulgence (*Handbook of Indulgences*, conc. 19). During the Year of Saint Joseph, however—which lasts from **December 8, 2020 to December 8, 2021**—the use of this prayer has been included among those enriched with a plenary indulgence. It may be said on **any day of the Year of Saint Joseph**, but especially on his various feast days or other devotional days dedicated to St. Joseph: **December 27, 2020**, the Feast of the Holy Family of Jesus, Mary and Joseph; **March 19, 2021**, the Solemnity of Saint Joseph; Spouse of the Blessed Virgin Mary; **May 1, 2021**, the Optional Memorial of Saint Joseph the Worker; the nineteenth **day of each month, every Wednesday**, the traditional day of the week for devotions to Saint Joseph; "**St. Joseph Sunday**" and suitable **days of other liturgical rites** in the Eastern Catholic Churches.

Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by His Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness. As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to

Parish and Local



Journaling With God

It's often very easy for us to tell others what the Bible says and what they should be doing as Christians, but sometimes we forget to follow our own advice. As a result, we end up worried and stressed with the things over which we have no control. So, this year, let's dedicate ourselves to all the things we know we should do like reading God's Word, building meaningful relationships, but also spending time with God in prayer.

Prayer is such a simple act, yet we make it so difficult. Do you often feel like your prayer life is lacking something? That it is boring and maybe not even bringing glory to God? We all feel that way sometimes. It's easy to play it safe and let our prayer life be lukewarm, but we won't grow as disciples. We need to become people who engage in intentional and thoughtful prayer, but we can't do that if we don't dedicate time and effort to pray and stay focused.

In order to help us stay focused, here are four things we can journal every day and use to shape or order our prayer time:

My Worries: In 1 Peter 5:7, Scripture states we need to cast all of our anxieties on the Lord. In this section of your notebook or journal, write out all the worries you are carrying. Capture all the anxious thoughts and write them down.

My Praises: In Psalm 100:4, Scripture tells us to enter His gates with thanksgiving and His courts with praise. In this section of your notebook or journal, write down anything and everything you are thankful for and give God praise for all of those things. It's time to shift our focus from our worries and remember all the good things God has done.

My Prayers: Isn't it a beautiful thing that God, our creator and Lord of the universe, takes time to listen to our prayers? Psalm 116:2 reminds us that God bends down to listen to our prayers, so we need to pray. Use this section of your notebook or journal to write our simple prayers to God and just talk to Him. It doesn't have to be elaborate or fancy, just have a conversation with God.

God's Promises: Look at the prayers you have written above and, in this section, remind yourself of the truth of God's Word. Write out Scriptures to remind yourself of God's promises for the things with which you are struggling.

Having a daily and consistent prayer life can change everything for us. Let's take it all to God and learn to hear His voice in 2021.

Clothing Drive



What's in your closet?

The Society of St. Vincent de Paul will hold a clothing and household goods drive on **Saturday, March 13, from 9:00 AM to 2:00 PM** in the parish parking lot. Look for the GreenDrop truck where an attendant will be available to assist you with your donations. Please place your donations of usable men's, women's and children's clothing in plastic bags or boxes. Household items such as kitchenware, games/toys, small appliances under 50 pounds, electronics, sporting goods, books, CDs and videos are also accepted. Furniture, large appliances, TVs or computer monitors cannot be accepted. For a full list of acceptable items, please visit www.gogreendrop.com.

Scholarships Available!



Saint James Alumni Association Scholarship Program 2012-2022 School Year

The Saint James Alumni Association Scholarship Program is now taking requests for applications. The scholarships are awarded to students from Delaware County parishes who would like to continue their Catholic education in a Philadelphia Archdiocesan High School. If you are interested in applying, please send an email to scholarships@stbulldogs.org and we will email the eligibility requirements. For more details, you can contact the Doghouse at 610-876-2006 and ask for Jim Connor or Lou Robinson



Is God Calling You to Serve?

Have you ever felt like the desire to participate in some way at your parish? Some people

are naturally outgoing and will volunteer. Others may not recognize their gifts and potential gifts. This takes some discernment.

Is God calling you to share your gifts? We would love to have you join us as an Extraordinary minister, Lector, Altar Server, Choir member or volunteer. Take some time in prayer and ask God how He would like you to serve.

In the meantime, if you would like information on what these ministries entail, please feel free to contact the Rectory Office and we will be happy to assist you. Please consider sharing your gifts with us!

Vocation Corner

The priests of tomorrow are in our midst. They are members of our families, our church and our community. Pray for the gift. Encourage vocations. Visit www.heedthecall.org for more details.

Extraordinary Minister's Workshop



**Tuesday, April 20, 2021
7:15 PM to 9:00 PM at St. Andrew Church, Drexel Hill**

Please register at worship@archphila.org

If you would like to consider the ministry of Extraordinary Minister, or if you are currently serving and have never attended a workshop, please consider attending. Virtual workshops will also be available.

Parish Religious Education



First Holy Communion 2021

Students in PREP and Catholic school will gather together on *Sunday, February 28, and Sunday, March 21* for a lesson review and rehearsal for First Penance in St. George Church from *11:30 AM to 1:00 PM*. All students are required to attend. First Penance has been rescheduled for *Saturday, March 27, at 1:00 PM* in the church. Parents were mailed official notification of these dates changes on January 7th. Please direct any questions or concerns to Mrs. Lynda Batten at 610-237-1633 or st.georgesec@rcn.com.

Confirmation 2021

We are happy to report that students preparing for Confirmation in 2021 will resume weekly lessons on *Monday, February 15, from 6:45 PM to 8:00 PM* in the church. **ALL** candidates for Confirmation are asked to be present, including Catholic school students. Parents were mailed official notification on January 8th. Students are asked to bring the Confirmed in the Spirit workbooks with them for lessons.

PREP 2021

Updated PREP calendars for the remainder of the PREP year will be mailed to parents shortly.

Students should now be on *Chapter 15*. If this is not the case, we ask students to complete the lessons they have missed at some point during the week and send their chapter reviews via email to their catechists as soon as possible.

First quarter reports will soon be mailed. Students who have not been completing online reviews will be considered absent. Please contact Mrs. Batten if you have any questions.

First Penance

2nd Grade

PREP and Catholic School Students

Saturday, March 27, 2021
1:00 PM

Lent Soon Begins

Ash Wednesday is February 17, 2021 and is the first day of Lent. Think about what you will do this Lenten season to spiritually prepare yourself. Will I give-up something I love for 40 days, help the poor, attend Mass more often, pray more?

Finding God During Times of Isolation and Solitude

February 11, 7:00-8:30 PM

Presented by the Office for Ministry with Young Adults - Register at <https://form.jotform.com/203565230473148>



Recharging Our Batteries

Do you have a cell phone? It seems like a lot of people have them. As you probably know, it has a built-in battery, and it has to be recharged. You can't do much with it if the battery runs out. Think about what else you have that needs to be recharged?

People need to recharge their batteries, too. We work and play hard, and if we don't get enough rest, pretty soon we just don't have enough energy to do the things we need to do.

Even Jesus had to recharge. Today we'll learn how He did that. As you listen to what happened, use your arm to tell how "charged" you think Jesus' "battery" is. Reach your hand up as high as you can, to show a full battery. Move your hand up or down, depending on if the battery is being used or recharged. Lowering it all the way to the floor indicates the battery life is completely out.

Jesus traveled all around Galilee preaching, driving out demons, and healing people. One day, Jesus and some of His disciples went to the home of Simon and Andrew. Simon's mother-in-law was there in bed with a fever. Jesus took her by the hand and helped her up. All at once, the fever left her and she began to prepare a meal for everyone.

That evening many people came to Jesus to be healed of all sorts of diseases. The whole town gathered at the door to watch. That must've been a long day.

Jesus got up before sunrise the next morning and found a quiet place to pray and recharge His spirit. When Simon and the others woke up, they found Him and said, "Everyone is looking for You."

Jesus had recharged His batteries and was ready to go. He said to them, "Let's go to other towns and villages so that I can preach to them, too. That's what I came to do." So they traveled throughout the region of Galilee, and Jesus preached in the synagogues and healed people and cast out demons.

If Jesus thought it was important for Him to recharge His spiritual battery, it's important for us to do that, too. That's why we should spend time in prayer every day and come to church each week.

God, help us to remember that just as our bodies must be renewed by proper rest, our spirit must be renewed by spending time with You in prayer, by learning more about you through our religious education lessons, and in worship, by going to Mass each week. In Jesus' name we pray, help us to recharge our spiritual batteries. Amen.



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